



## Mouth Guard Policy

The Ontario Minor Hockey Association implemented a Mouth Guard policy making the use of mouth guards mandatory for all OMHA Registered Players.

**Effective January 1, 2002, all OMHA players must wear a mouth guard for all OMHA sanctioned events.**

The full policy is available in the OMHA Manual of Operations and on the OMHA website at [www.omha.net](http://www.omha.net)

It should be noted that other OHF Minor Member team's (ALLIANCE, GTHL, NOHA) players will **NOT** be required to wear mouth guards in OMHA Tournaments or Exhibition Games unless it is a policy of the respective team's organization or Member Partner.