MOUTH GUARD POLICY

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The Ontario Minor Hockey Association has a “mandatory mouth guard” policy for all OMHA Registered Players. All OMHA players must wear a mouth guard for all OMHA sanctioned events.

 It should be noted that teams from outside the OMHA are only required to wear mouth guards if that is a requirement of their parent body. Currently, OHF Member Partner teams registered with the Alliance, NOHA and the GTHL are not required to wear mouth guards.

 If you have any questions regarding this, please contact Ian Taylor, Executive Director of the OMHA.