



## INFORMATION BULLETIN

BULLETIN #: 170824-007-I

DATE: August 24, 2017

TO: OMHA Member Centres

CC: OMHA Board  
OMHA Convenors

FROM: Ian Taylor  
Executive Director

**SUBJECT: Concussion Information and Resources Update**

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Several items are put forward for your consideration as a result of a number of developments and updated information in the area of Concussion Management and Resources.

The OMHA has been fortunate to have Dr. Shannon Bauman as a resource in providing us the latest information regarding research and recommendations in this area. Dr. Bauman is a member of the Parachute Canada Expert Sub-Committee, contributing as a co-author in the development of these guidelines. The OMHA has also consulted with our Medical Advisory Committee in the review of the current information and research.

The Government of Canada and Public Health Agency of Canada in collaboration with Parachute Canada has released the [Canadian Guideline on Concussion in Sport](#). These guidelines were developed based on the published systematic reviews and summary from the 5<sup>th</sup> International Consensus Conference on Concussion in Sport in Berlin, expert consensus opinion from the Parachute Canada Expert Advisory Committee on Concussion and input from important stakeholders in Canadian sport, health, and education. The overall goal of the Canadian Guideline on Concussion in Sport is to provide clear and consistent information to all Canadian sport stakeholders (including athletes, parents, coaches, officials, teachers, trainers, and licensed healthcare professionals) on evidence-informed approaches that can prevent concussion and more serious forms of head injury

and help identify and manage an athlete with a suspected concussion. A summary of the Guideline Key Messages includes:

- Education
- Recognition and Removal from Play
- Assessment, Medical Care (post-injury) and Clearance for Return to Play

With respect to Baseline Testing, research indicates that Baseline Testing of youth athletes (under 18 years of age) using any tool or combination of tools is not required to provide post-injury care of those who sustain a suspected or diagnosed concussion. Baseline testing is not recommended in youth athletes regardless of the sport or level of play. A detailed position statement is available from Parachute Canada.

Resources:

Hockey Canada is in the process and will be updating all collateral resource materials, including the Hockey Canada Concussion Card and Concussion App, to be consistent with the latest research and recommendations, as will the Hockey Trainers Certification Program in Ontario.

The following links provide additional information/resources:

[OMHA Trainers Resource Page](#)

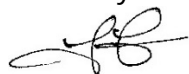
[Hockey Canada Concussion Page](#)

[HDCO Resource Downloads Page](#)

[Parachute Canada Guideline on Concussion in Sport](#)

[Government of Canada Statement – Guideline on Concussion in Sport](#)

Sincerely



Ian Taylor  
Executive Director